

# ARE YOU READY FOR THE CHALLENGE?

Come along and attempt your 50 Bronze, 100 Silver, 200 Gold or 400 Platinum – non-stop Freestyle. Successful swimmers will achieve a medal and time-card to recognise their achievement.

What else can you expect ... medals presented on the State Swim dais with a photographer present to capture your exciting achievement!

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## Seaford Challenges 2023

Saturday 25th February at 2:15pm

Sunday 26th March at 11:45am

Saturday 13th May at 2:15pm

Sunday 25th June 11:45am

Saturday 29th July 2:15pm

Sunday 10th September 11:45am

Saturday 28th October 2:15pm

Sunday 26th November 11:45am

Cost: \$11.00

\*\*Swimmers attempting the 400 Platinum have the opportunity to make their school's Top 100 Honour List \*\*

**Payment Due at time of Booking.**  
**Call State Swim Seaford on 8386 3338**



**State Swim**  
Safety, Fun and Fitness