

# Squad Programme



## Squad Bronze

Monday, Tuesday & Thursday 6.00pm–7.00pm  
Wednesday 6.00pm–7.00pm  
Saturday 7.30am–8.30am  
**60 minute class**

## Squad Silver

Monday to Thursday 6.00pm–7.00pm  
Saturday 7.30am–8.30am  
**60 minute class**

## Squad Gold

Monday to Thursday 6.00pm–7.00pm  
Saturday 7.30am–8.30am  
**60 minute class**

### Fees

**1 session per week \$90.00 per month\***

**Limitless \$125.00 per month\***

All fees are paid by Direct Debit on the first business day (Monday to Friday) of each month.

Direct Debit Request Forms are available at the swim school or on our website [www.stateswim.net.au](http://www.stateswim.net.au)

If a swimmer misses two consecutive weeks or more in the same month through illness or family holidays, we offer a 50% reduction for that month. Should you miss intermittently eg. less than two weeks or days here and there then full monthly fees apply. (Please note that there is no family discount if half fees are paid)

### Family Discounts

Family discounts are available — please speak with one of our Customer Service Officers for more details.

**See reverse side for  
Important Information  
regarding our Squad  
Programme**



**The school is closed on all public holidays**

## Squad Programme information

Congratulations on choosing to swim with the State Swim Squad Programme.

Attaining this goal is quite an achievement as it means you have reached a good standard in your four main strokes.

Squad swimming maintains the standard you have achieved, important Racing Turns, as well as improving your general fitness. You have reached a level in swimming that enables you to have a good knowledge of strokes, now it is important that you maximise your swimming as a member of our Squad Programme.

The Squad Programme is designed to give young swimmers experience in a large number of exciting and varied activities.

These include:

- Inter-school Carnivals
- Superswims
- State Swim Challenge
- Long Distance Days
- Special Event Days

## Squad Super Swims

These events are held monthly where possible and every member of the squad will have the opportunity to swim several events (subject to time and entries). The times for each swimmer will be recorded and if times are an improvement on previous swims, Super Swim Cards will be presented. When a total of 10, 20 and 30 Super Swim Cards are collected a medal will be presented. When 50 cards have been achieved a trophy will be awarded to the swimmer.

**We trust that your swimmer will enjoy their time as a member of our State Swim Squad Programme.**